



**NARAYANA ENGINEERING COLLEGE :: NELLORE**  
 (Approved by AICTE, New Delhi & Permanently affiliated to JNTUA, Ananthapuramu,  
 ISO 9001-2015 Certified Institution, Recognized by UGC U/S 2(f) & 12(B) & Accredited  
 NAAC A+ & Ranked "A" grade by Govt. of AP)  
 Narayana Avenue, Muthukur Road, Nellore-524004  
[www.necn.ac.in](http://www.necn.ac.in)



## **NELLORE NARAYANA 5K RUN AND MARTHON RACE**

1	<b>Name of the Activit/Event</b>	Nellore Narayana 5K Run		
2	<b>Date of Activity/Event</b>	<b>20-10-2019</b>		
3	<b>Organized by/Name of the committee</b>	Narayana Engineering College, Nellore.		
4	<b>Place of Activity/event</b>	AC SUBBAREDDY STADIUM TO AYYAPA TEMPLE.		
5	<b>Resource person/guest/organization</b>	<b>Dr.G.Srinivasulu, Principal, Narayana Engineering College College Nellore</b>		
6	<b>Type of activity/Event</b>	Sports		
7	<b>Activity/Event objectives</b>	<ol style="list-style-type: none"> <li>1. Encourage, inspire and motivate people of all ages and background to improve their mental and physical health through running and exercise.</li> <li>2. Improve the public awareness of diabetes and depression, with particular emphasis on exercise and fitness as a component of managing these diseases.</li> </ol>		
8	<b>Participation</b>	Students	Faculty	Total Participation
		250	15	265
9	<b>Enclosures</b>	<ol style="list-style-type: none"> <li>1.Circular</li> <li>2.Report</li> <li>3.Photos</li> </ol>		
10	<b>Signature of In charge/convener</b>			

The Sport & Games Committee of Narayana Engineering College, Nellore organized a Marathon Race & 5K Run to generate awareness on “Diabetes” on 20<sup>th</sup> October 2019 with key emphasis on exercise and fitness to control this disease. This event was flagged off at 06:00 am by Dr. AVS. Prasad, Director, NEPC Nellore and Dr. G. Srinivasula Reddy, Principal, Narayana Engineering College, Nellore at A.C. Subbareddy Stadium, Nellore and run was ended at Ayyappa Temple Centre. A Good number of students along with Faculty were enthusiastically participated in this event.

The Director Pointed out the need of conducting such programmes. The awareness on diabetes is very less among people. The run helps in generated that awareness. The Principal appreciated all the Participants and thanked the gathering for helping people to get awareness on diabetes. He also appreciated the team work behind the programme.



5K RUN Students Group Photo

PHYSICAL DIRECTOR

PRINCIPAL

